

# Local groups helping you find the services you need, when you need them.

Look for The Right Place sticker or contact the Huon Valley Hub at 23 Main Street, Huonville, on 6264 0321.

Updated 21 September 2022

## **Huon Valley Support**

In tough times, help is always available.

#### **Housing Connect 24/7**

Housing support Call 1800 800 588

#### Safe at Home 24/7

Family violence information & referral Call 1800 633 937

#### Sexual Assault Support Service (SASS) 24/7

Call 1800 697 877

#### **Anglicare Tasmania**

Financial counselling Mon-Fri 9.30am – 4.30pm Call 1800 007 007 Live Chat www.ndh.org.au

#### **Tasmania Legal Aid**

Legal advice Call 1300 366 611

#### **Catholic Care**

Emergency relief Call 1800 819 447

#### **Huon Domestic Violence Service**

Family violence support Call 6264 2222

#### **Working It Out**

LGBTIQ+ support Call 6231 1200

#### **Rural Business Tas**

Small business support Call 1300 883 276

### Mental Health Support

#### Lifeline 24/7

Call 13 11 14 Txt 0477 13 11 14 Online Chat www.lifeline.org.au

#### **Suicide Call Back Service 24/7**

Counselling & suicide prevention Call 1300 659 467

#### Rural Alive & Well (RAW) 24/7

Support and counselling Call 1800 729 827

#### **Access Mental Health**

Support, triage, referral 9am – 1pm everday Call 1800 332 388

#### Kids Helpline 24/7

For children and young people Call 1800 551 800 Email or web chat on www.kidshelpline.com.au

#### **A Tasmanian Lifeline**

Support, counselling, referral Mon-Fri 8am-8pm Call 1800 984 434

#### **Royal Flying Doctors Service**

Youth Mental Health Program Call 03 6391 0509

#### **Beyond Blue 24/7**

Call 1300 22 4636

#### Open Arms 24/7

www.huonvalley.tas.gov.au/emergencysupport

Veterans & families counselling Call 1800 011 046

The Right Place is supported by Huon Valley Council.

#### **Cygnet Cares**

Suicide Prevention Network FB - cygnetcares

#### **Headspace**

Support for young people 49 Liverpool St, Hobart Call 6231 2927 Online www.headspace.org.au

#### **Wellways Helpline**

Support and referral Mon-Fri 9am-9pm Call 1300 111 500

#### QLife

LGBTI peer support 3pm-Midnight Call 1800 184 527

#### Mens Line Australia 24/7

Support and counselling for men Call 1300 789 978

#### **StandBy Support 24/7**

Support for people bereaved or impacted by suicide Call 1300 727 247

#### Thirrili 24/7

Support for Aboriginal and Torres Strait Islander communities after suicide 1800 805 801





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Local groups who can help you find the right support.

#### **Huon Valley Hub**

Information
Drop in Monday to Friday,
10am to 4pm
23 Main Street, Huonville
6264 0321

#### **Community Health Centre**

Social work, information and support 7 Sale Street, Huonville 6121 7050

#### **Geeveston Community Centre**

Information and support 9b School Road, Geeveston 6297 1616

#### **Cygnet Community Hub**

Information, support, referral and LGBTIQ+ education
14 Mary Street, Cygnet
0438 692 179

#### **Dover Community Hub**

Dover & South Action Group Emergency Food Relief Dover Oval Clubrooms Fridays 1pm – 3pm 0400 134 388

# **South East Tasmanian Aboriginal Corporation**

Information and support 7393 Channel Highway, Cygnet 6295 1125

#### **Salvation Army Huonville**

Emergency relief and support by appointment 31 Wilmot Road, Huonville Drop-in centre, Doorways and A&OD counselling Thursdays 9am to 12 noon 0416 098 627

# wayraparattee Child and Family Centre

Information and support 4879 Huon Highway, Geeveston 6297 0052

#### The Local Directory:

www.huonvalleytas.com/local-directory

#### Find Help Tas:

www.findhelptas.org.au

